

## Patient Application Instructions

**BEFORE USING THE DEVICE, PLEASE READ THE INSTRUCTIONS FOR USE COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THE DEVICE.**

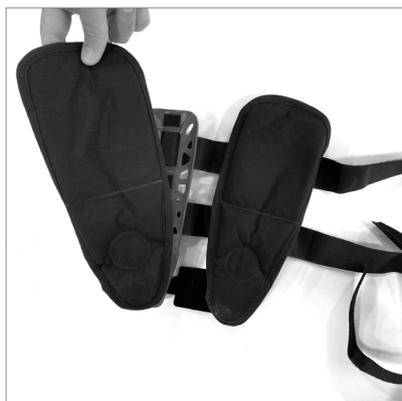
### SIZING INFORMATION

PART NUMBER	PATIENT HEIGHT	BRACE HEIGHT	SIZE
82-0053-1	≤1.5 m	17 cm	S
82-0053-2	1.5 m < x ≤1.65 m	23 cm	M
82-0053-3	>1.65 m	25.5 cm	L

Remove therapeutic gel pads from the ankle support system and place them in the freezer for 4 hours. Cold pads can be applied many times per day upon the healthcare professional's advice. The brace cannot be worn without the pads and if the pad is removed to facilitate recooling the brace should be removed. Freeze only the therapeutic pads. **DO NOT** place the entire system in the freezer. Place gel pads in ankle support and follow fitting instructions.



**1.** Place your own protective cloth/sock on the ankle before applying the brace.



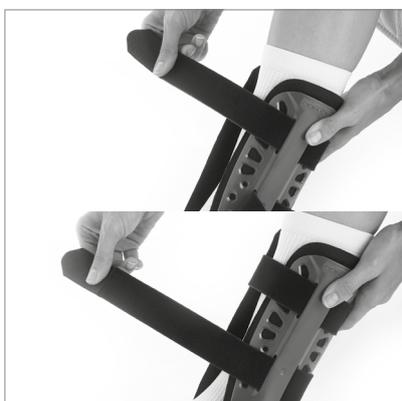
**2.** Place the foam liner pads inside the rigid bilateral shells.



**3.** Adjust the heel strap for proper fit.



**4.** Pull the outer shells and foam liners along the ankle, ensuring the malleoli are well protected (positioned inside the small circles). If necessary, reposition the foam liner pads in the shell.



**5.** Make sure the brace fits snugly, and then close the brace using the contact closure straps.



**6.** If necessary, adjust the heel pad with the vertical side straps while the brace is on. Pull straps upward until the desired fit is obtained.

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**7.** For maximum comfort and support, wear a long absorbent sock and a laced athletic shoe when wearing the brace.

### INTENDED USE / INDICATIONS:

The Fusiogel® is designed to support the ankle for mild to moderate ankle sprains and help with chronic ankle instabilities (CAI).

- Acute lateral ligament injuries grade 1 & 2
- Conservative treatment of ligament injuries
- Initial management of chronic ankle instabilities
- Prevention of re-injury
- Use of the cold pad will provide a temporary reduction of swelling and pain after injury

### WARNINGS AND PRECAUTIONS

Please see Instructions for Use for a full list of contraindications, warnings, and precautions.

- We recommend that the first application be made under supervision of a health care professional.
- If you experience any pain, swelling, sensation changes, or any unusual reactions while using this product, consult a healthcare professional immediately.

### CLEANING INSTRUCTIONS

To clean liner, hand wash in cold water using mild soap. Air dry.

### INTENDED FOR SINGLE PATIENT USE

### NOT MADE WITH NATURAL RUBBER LATEX

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